NOVEMBER CALENDAR 2026

SBC

Daily Activities & Highlights

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **10:30 AM** Line Dancing with Jhon; RR **12:00 PM** Sunday Brunch; DR **1:00 PM** Mah Jong for Beginners; WR **1:30 PM Manatee Players Theatre; OC** **2:00 PM** Matinee Movie; CH195 **8:00 PM** Evening Movie; CH195	**2** **9:30 AM** Balance Class; RR **10:30 AM** Balance Class; RR **12:00 PM** Men's Neighborhood Luncheon; BCL **2:00 PM** Challenge Aging Support Group; PDR **4:30 PM** Happy Hour; BCL **8:00 PM** Bill Abbott, Magician & Mentalist; RR	**3** **9:30 AM** Silver Swans Exercise Class; RR **11:00 AM Grocery Shopping; OC** **11:00 AM** Pool Exercise; PD **1:30 PM** Stretch & Relax; RR **4:30 PM** Happy Hour; BCL **6:00 PM Stepping Out to the Theater; OC** **8:00 PM** Movie; CH195	**4** **9:30 AM** Balance Class; RR **10:15 AM** Ballroom Dancing with Jim; DR **10:30 AM** Balance Class; RR **1:00 PM** Shadow Boxing for Coordination & Balance; RR **3:00 PM** Music Appreciation with Al Cohen; RR **4:30 PM** Happy Hour; BCL **6:00 PM Stepping Out to Dinner; OC** **8:00 PM** Movie Night; CH195	**5** **10:00 AM** Open Art Studio; NTAS **10:00 AM** Tai Chi; RR **10:30 AM** French Conversation Group; WR **11:00 AM Grocery Shopping; OC** **11:00 AM** Pool Exercise; PD **1:30 PM** Stretch & Relax; RR **3:00 PM** "At the Movies" with Gus; RR **4:30 PM** Happy Hour (Moved to NTLR); BCL **4:30 PM** Happy Hour with Brian Gurl; NTLR	**6** **1:00 PM** Music and Movement; RR **1:30 PM** Brain Games; STCR **3:00 PM** Art Reception for Residents; AG & DR **8:00 PM** Movie Night; CH195	**7** **10:30 AM Grocery Shopping; OC** **10:30 AM** Line Dancing with Jhon; RR **2:00 PM** Matinee Movie; CH195 **2:00 PM** Rummikub; WR **4:30 PM** Happy Hour; BCL **7:00 PM Masterworks - Sarasota Orchestra; OC** **8:00 PM** Evening Movie; CH195
8 **10:30 AM** Line Dancing with Jhon; RR **12:00 PM** Sunday Brunch; DR **1:00 PM** Mah Jong for Beginners; WR **2:00 PM** Matinee Movie; CH195 **8:00 PM** Evening Movie; CH195	**9** **9:30 AM** Balance Class; RR **10:30 AM** Balance Class; RR **1:30 PM** Silver Singers; WR **3:00 PM** "Now Hear This" Music Appreciation with Don Bryn; RR **4:30 PM** Happy Hour; BCL	**10** **8:00 AM** Dr. Sutton (Podiatrist); CDJ **9:30 AM** Silver Swans Exercise Class; WR **11:00 AM Grocery Shopping; OC** **11:00 AM** Pool Exercise; PD **1:30 PM** Stretch & Relax; RR **2:00 PM** Ice Cream Social; DR **3:00 PM** Hot Topics: Views of the News; RR **4:30 PM** Happy Hour; BCL **6:00 PM Stepping Out to the Theater; OC** **8:00 PM** Movie; CH195	**11** **9:30 AM** Balance Class; RR **10:15 AM** Ballroom Dancing with Jim; DR **10:30 AM** Balance Class; RR **1:00 PM** Shadow Boxing for Coordination & Balance; RR **3:00 PM** Afternoon Tea; STLR **4:30 PM** Happy Hour; BCL **5:30 PM** Captain's Table; DR **6:00 PM Stepping Out to Dinner; OC** **7:00 PM** USO Dance Party; RR **8:00 PM** Movie Night; CH195	**12** **9:00 AM** Knife Sharpening by American Eagle; CDJ **10:00 AM** Open Art Studio; NTAS **10:00 AM** Tai Chi; RR **10:30 AM** French Conversation Group; WR **11:00 AM Grocery Shopping at Trader Joe's; OC** **11:00 AM** Pool Exercise; PD **11:15 AM** Phone Tech Help with Cameron; NTCR **1:30 PM** Stretch & Relax; RR **2:00 PM** Low Vision Group; WR **3:00 PM** Creative Writing / Poetry; STCR **4:30 PM** Happy Hour; BCL **5:30 PM** Trivial Pursuit; RR	**13** **8:00 AM** Dr. Chiah (Dentist); CDJ **1:00 PM** Music and Movement; RR **1:30 PM** Brain Games; STCR **3:00 PM** Presentation with Susan Benjamin- "Betty Gable"; RR **4:30 PM** Happy Hour; BCL **8:00 PM** Movie Night; CH195	**14** **8:15 AM Alzheimer's Walk; OC** **10:30 AM Grocery Shopping; OC** **10:30 AM** Line Dancing with Jhon; RR **2:00 PM** Matinee Movie; CH195 **2:00 PM** Rummikub; WR **4:00 PM** Happy Hour with Lisa Ridings Duo; VT **4:30 PM** Happy Hour; BCL **8:00 PM** Evening Movie; CH195

NOVEMBER CALENDAR 2026

SBC

Daily Activities & Highlights

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15 **10:30 AM** Line Dancing with Jhon; RR **12:00 PM** Sunday Brunch; DR **1:00 PM** Mah Jong for Beginners; WR **2:00 PM** Matinee Movie; CH195 **4:00 PM Chamber Soiree;HH** **8:00 PM** Evening Movie; CH195	**16** **9:30 AM** Balance Class; RR **10:30 AM** Balance Class; RR **12:00 PM** Men's Neighborhood Lunch; BCL **1:30 PM** Silver Singers; WR **2:00 PM** Challenge Aging Support Group; PDR **2:30 PM** Expressive Arts with Marianne & Kathleen; NTCR **4:30 PM** Happy Hour; BCL **8:00 PM** Barbara King Jazz Quartet; RR	**17** **9:30 AM** Silver Swans Exercise Class; RR **11:00 AM Grocery Shopping; OC** **11:00 AM** Pool Exercise; PD **1:30 PM** Stretch & Relax; RR **2:00 PM** Parkinson's Group Meeting; WR **3:00 PM** History Lecture with George Stassa; RR **4:30 PM** Happy Hour; BCL **5:30 PM** Dinner for Oct. and Nov. Birthdays; BCL **6:00 PM Stepping Out to the Theater; OC** **8:00 PM** Movie; CH195	**18** **9:30 AM** Balance Class; RR **10:30 AM** Balance Class; RR **12:00 PM** Doctor's Luncheon; BCL **1:00 PM** Shadow Boxing for Coordination & Balance; RR **4:30 PM** Happy Hour; BCL **6:00 PM Stepping Out to Dinner; OC** **7:45 PM** Evening Social - "Four Attorneys"; RR **8:00 PM** Movie Night; CH195	**19** **10:00 AM** Open Art Studio; NTAS **10:00 AM** Affinity Care Hospice; CDJ **10:00 AM** Tai Chi; RR **10:30 AM** French Conversation Group; WR **11:00 AM Grocery Shopping; OC** **11:00 AM** Pool Exercise; PD **1:30 PM** Hand and Foot Game; WR **1:30 PM** Stretch & Relax; RR **3:00 PM** "At the Movies" with Gus; RR **4:30 PM** Happy Hour; BCL **8:00 PM** Jackpot Bingo; RR	**20** **11:00 AM** Rep. from Artist Concert Series Info for next Season; RR **1:00 PM** Music and Movement; RR **1:30 PM** Brain Games; STCR **4:30 PM** Happy Hour with Eddie Tobin; NTLR **8:00 PM** Movie Night; CH195	**21** **10:30 AM Grocery Shopping; OC** **10:30 AM** Line Dancing with Jhon; RR **1:30 PM Sarasota Ballet; OC** **2:00 PM** Matinee Movie; CH195 **2:00 PM** Rummikub; WR **4:30 PM** Happy Hour; BCL **8:00 PM** Evening Movie; CH195
22 **10:30 AM** Line Dancing with Jhon; RR **12:00 PM** Sunday Brunch; DR **1:00 PM** Mah Jong for Beginners; WR **2:00 PM** Matinee Movie; CH195 **3:00 PM** SO On The Road Concert-Piano Quartet; RR **8:00 PM** Evening Movie; CH195	**23** **9:30 AM** Balance Class; RR **10:30 AM** Balance Class; RR **1:30 PM** Silver Singers; WR **4:00 PM** Piano Concert with Jesse Martins; RR **4:30 PM** Happy Hour; BCL	**24** **9:30 AM** Silver Swans Exercise Class; RR **11:00 AM Grocery Shopping; OC** **11:00 AM** Pool Exercise; PD **1:30 PM** Stretch & Relax; RR **3:00 PM** SBC Book club; RR **4:30 PM** Happy Hour; BCL **6:00 PM Stepping Out to the Theater; OC** **8:00 PM** Movie; CH195	**25** **9:00 AM** On-Site Dermatology; CDJ **9:30 AM** Balance Class; RR **10:15 AM** Ballroom Dancing with Jim; DR **10:30 AM** Balance Class; RR **1:00 PM** Shadow Boxing for Coordination & Balance; RR **3:00 PM** Afternoon Tea; NTLR **4:30 PM** Happy Hour; BCL **6:00 PM Stepping Out to Dinner; OC** **8:00 PM** Movie Night; CH195	**26** **Happy Thanksgiving!** **11:30 AM** Thanksgiving Dinner; DR **2:00 PM** Holiday Movie; RR **8:00 PM** Holiday Movie,CH 195	**27** **11:00 AM Trip to UTC Mall; OC** **1:00 PM** Music and Movement; RR **1:30 PM** Brain Games (Cancelled); STCR **4:30 PM** Happy Hour; BCL **8:00 PM** Movie Night; CH195	**28** **10:30 AM Grocery Shopping; OC** **10:30 AM** Line Dancing with Jhon; RR **2:00 PM** Matinee Movie; CH195 **2:00 PM** Rummikub; WR **4:30 PM** Happy Hour; BCL **8:00 PM** Evening Movie; CH195
29 **10:30 AM** Line Dancing with Jhon; RR **12:00 PM** Sunday Brunch; DR **1:00 PM** Mah Jong for Beginners; WR **2:00 PM** Matinee Movie; CH195 **8:00 PM** Evening Movie; CH195	**30** **9:30 AM** Balance Class; RR **10:30 AM** Balance Class; RR **3:00 PM** "Now Hear This!" Music Appreciation with Don Bryn; RR **4:30 PM** Happy Hour; BCL	**Rooms** AG - Art Gallery BCL - Bay Club Lounge BR - Billiards Room CDJ - Concierge Du Jour DR - Dining Room NTAS - NT Art Studio NTBO - NT Business Office NTCR - NT Conference Rm NTGR - NT Game Room NTLR - NT Living Room NVT - N Veranda Terrace	**Rooms** OC - Off Campus PD - Pool Deck PDR - Private Dining Rm RR - Ringling Room STCR - ST Conference Rm STFC - ST Fitness Center STLR - ST Living Room STV - S Tower Veranda STWC - ST Wellness Ctr WR Whitaker Room			