

OCTOBER CALENDAR 2026



Daily Activities & Highlights

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Rooms AG - Art Gallery BCL - Bay Club Lounge BR - Billiards Room CDJ - Concierge Du Jour DR - Dining Room NTAS - NT Art Studio NTBO - NT Business Office NTCR - NT Conference Rm NTGR - NT Game Room NTLR - NT Living Room NVT - N Veranda Terrace	Rooms OC - Off Campus PD - Pool Deck PDR - Private Dining Rm RR - Ringling Room STCR - ST Conference Rm STFC - ST Fitness Center STLR - ST Living Room STV - S Tower Veranda STWC - ST Wellness Ctr WR Whitaker Room	1 10:00 AM Open Art Studio; NTAS 10:00 AM Tai Chi; RR 11:00 AM French Conversation Group; WR 11:00 AM Grocery Shopping; OC 11:00 AM Pool Exercise; PD 1:30 PM Stretch & Relax; RR 4:30 PM Happy Hour; BCL 5:30 PM Oktoberfest!; DR	2 11:15 AM Ballroom Dancing with Jim; WR 1:00 PM Music and Movement; RR 1:30 PM Brain Games; STCR 4:30 PM Happy Hour with Eddie Tobin; STLR 8:00 PM Movie Night; CH195	3 10:30 AM Grocery Shopping; OC 10:30 AM Line Dancing with Jhon; RR 2:00 PM Matinee Movie; CH195 2:00 PM Rummikub; WR 4:30 PM Happy Hour; BCL 7:00 PM SO Discoveries; OH 8:00 PM Evening Movie; CH195
4 10:30 AM Line Dancing with Jhon; RR 12:00 PM Sunday Brunch; DR 2:00 PM Matinee Movie; CH195 8:00 PM Evening Movie; CH195	5 9:30 AM Balance Class; RR 10:30 AM Balance Class; RR 12:00 PM Men's Neighborhood Lunch Group; BCL 2:00 PM Challenge Aging Support Group; PDR 3:00 PM "Now Hear This!" Music Appreciation with Don Bryn; RR 4:30 PM Happy Hour; BCL 8:00 PM David Pedraza - Viola with Jared Peroune - Piano; RR	6 9:30 AM Silver Swans Exercise Class; RR 11:00 AM Grocery Shopping; OC 11:00 AM Pool Exercise; PD 1:30 PM Stretch & Relax; RR 2:00 PM Ice Cream Social; DR 4:30 PM Happy Hour; BCL 6:00 PM Stepping Out to the Theater; OC 8:00 PM Movie; CH195	7 9:30 AM Balance Class; RR 10:30 AM Balance Class; RR 1:00 PM Shadow Boxing for Coordination & Balance; RR 3:00 PM Music Appreciation with Al Cohen; RR 4:30 PM Happy Hour; BCL 6:00 PM Stepping Out to Dinner; OC 8:00 PM Movie Night; CH195	8 10:00 AM Open Art Studio; NTAS 10:00 AM Tai Chi; RR 11:00 AM French Conversation Group; WR 11:00 AM Grocery Shopping; OC 11:00 AM Pool Exercise; PD 11:15 AM Tech Tutorial with Cameron; NTCR 1:30 PM Stretch & Relax; RR 3:00 PM Creative Writing / Poetry; STCR 4:30 PM Happy Hour; BCL 5:30 PM Trivial Pursuit; RR	9 8:00 AM Dr. Chiah (Dentist); CDJ 11:15 AM Ballroom Dancing with Jim; WR 1:00 PM Music and Movement; RR 1:30 PM Brain Games; STCR 4:30 PM Happy Hour; BCL 8:00 PM Movie Night; CH195	10 10:30 AM Grocery Shopping; OC 10:30 AM Line Dancing with Jhon; RR 2:00 PM Matinee Movie; CH195 2:00 PM Rummikub; WR 4:00 PM Veranda Terrace Happy Hour with Music by Gary Rahl; VT 4:30 PM Happy Hour; BCL 8:00 PM Evening Movie; CH195
11 10:30 AM Line Dancing with Jhon; RR 12:00 PM Sunday Brunch; DR 2:00 PM Matinee Movie; CH195 8:00 PM Evening Movie; CH195	12 9:30 AM Balance Class; RR 10:30 AM Balance Class; RR 1:30 PM Silver Singers; WR 4:30 PM Happy Hour; BCL	13 9:30 AM Silver Swans Exercise Class; RR 11:00 AM Grocery Shopping; OC 11:00 AM Pool Exercise; PD 1:30 PM Stretch & Relax; RR 2:00 PM Parkinson's Group meeting; WR 3:00 PM Hot Topics: Views of the News; RR 4:30 PM Happy Hour; BCL 6:00 PM Stepping Out to the Theater; OC 8:00 PM Movie; CH195	14 9:30 AM Balance Class; RR 10:30 AM Balance Class; RR 12:00 PM Doctor's Luncheon; BCL 1:00 PM Shadow Boxing for Coordination & Balance; RR 3:00 PM Afternoon Tea; STLR 4:30 PM Happy Hour; BCL 5:30 PM Captain's Table; DR 6:00 PM Stepping Out to Dinner; OC 7:45 PM RAC Evening Social with Doc Werlin; RR 8:00 PM Movie Night; CH195	15 10:00 AM Open Art Studio; NTAS 10:00 AM Tai Chi; RR 11:00 AM French Conversation Group; WR 11:00 AM Grocery Shopping; OC 11:00 AM Pool Exercise; PD 1:30 PM Stretch & Relax; RR 3:00 PM "At the Movies" with Gus; RR 4:30 PM Happy Hour with Brian Gurl; STLR 8:00 PM Jackpot Bingo; RR	16 11:15 AM Ballroom Dancing with Jim; WR 1:00 PM Music and Movement; RR 1:30 PM Brain Games; STCR 4:30 PM Happy Hour; BCL 8:00 PM Movie Night; CH195	17 10:30 AM Grocery Shopping; OC 10:30 AM Line Dancing with Jhon; RR 2:00 PM Matinee Movie; CH195 2:00 PM Rummikub; WR 4:30 PM Happy Hour; BCL 7:00 PM Great Escapes; HH 8:00 PM Evening Movie; CH195